

Monday June 21, 2010
from 9 am to 12 noon.

Spanish Banks

(see photographs and directions for location)

**Labyrinths are drawn at low tide.
For details please visit:**

walkingalabyrinth.blogspot.com

Or email:

walkingalabyrinth@gmail.com



From the Spanish Banks East Cafe, walk over to the circular patio overlooking the beach. Once there, look to your left, in the distance, for a white sign that warns of the 'Rocks' that are located there. Much farther in the distance, is a channel marker. Walk from the patio, down onto the beach and then the Foreshore and on a line between the Rocks sign and the Channel marker. Look to the left of this line for the labyrinth.

Solstice Labyrinth

Walking a Labyrinth is an invitation to meditate, celebrate, or contemplate, to heal, to satisfy a curiosity, to explore symbolism, metaphor or simply, to explore liminal space.



photo by Christine Hatfull (<http://www.dimechronicle.ca>)

Saturday June 26, 2010
From 11:00 am to 1:30 pm

Spanish Banks

(see photographs and directions for location)

**Labyrinths are drawn at low tide.
For details please visit:**

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Or email:

walkingalabyrinth@gmail.com



From the Spanish Banks East Cafe, walk over to the circular patio overlooking the beach. From there, looking to your left, and in the distance, is a white sign that warns of the 'Rocks' that are there. Much farther in the distance, is the channel marker. Walk from the patio, down onto the Foreshore and on a line between the Rocks sign and the Channel marker and look to the left of this line for the labyrinth

Foreshore Labyrinth

Walking a Labyrinth is an invitation to meditate, celebrate, or contemplate, to heal, to satisfy a curiosity, to explore symbolism, metaphor or simply, to explore liminal space.



photo by Christine Hatfull (<http://www.dimechronicle.ca>)