

St. Paul's LABYRINTH

The Labyrinth: a resource for spiritual work and play

Autumn, 2009



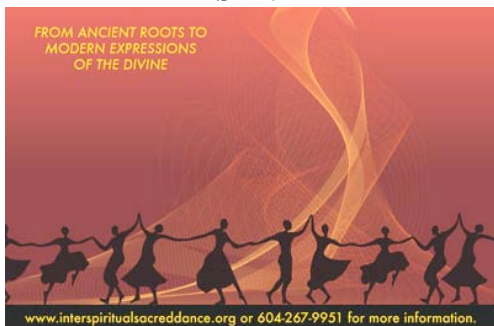
COMING UP!

NOVEMBER 2
ALL SOULS DAY WALK
An evening of remembrance
Monday, November 2:
7:00 – 9:00

(See p. 2 for further information)



NOVEMBER 7
INTER SPIRITUAL SACRED DANCE
FESTIVAL



The InterSpiritual Sacred Dance Festival

will hold its opening ceremonies from
9:00 – Noon

at St. Paul's Labyrinth.

(For more information about the Sacred Dance Festival and all of its activities, see p. 3)

The 2nd Friday Evening of Each Month

After a brief summer break, St. Paul's Labyrinth is resuming its evening walk on the second Friday of each month...but with a difference!

Friday, September 11, will be our traditional Walk for Peace

The Labyrinth will be open for walking from 7:00 – 9:00pm. This time is offered as an opportunity for walkers to focus their meditations, thoughts and prayers on peace, peace in the world, peace in their communities and families, and peace in their hearts.



But then the format will change for the next three months.

Each of the next three 2nd Friday evenings will begin with an activity, a talk or a conversation on a specific topic. This will be followed by a walking of the labyrinth.

In order to participate in the activity you will need to arrive at 7:00pm. Those interested *only* in walking the labyrinth can plan to arrive at around 7:45pm.

Friday, October 9: Kiviuq's Journey—Storytelling and a Walk

Kira Van Deusen will tell the story of Kiviuq—an Inuit heroic spiritual journey, accompanied by original cello music. The story-telling leads to a walk during which listeners can mull over the story's dramatic images. Kira's storytelling and her music are always well received at the Labyrinth.

Friday, November 13: Sacred Circle Dancing

Prompted by the InterSpiritual Sacred Dance Festival taking place the weekend before, this will be an evening featuring participatory dance on the Labyrinth. More details as they emerge.

(Continued on p.4>>)

REGULAR LABYRINTH HOURS

Monday – Thursday
8:30 – 9:30am

Saturday
10:00am – Noon

Sunday
9:30am – 12:30pm

***And we are closed
on holiday Mondays***

**LAST FRIDAY OF EVERY
MONTH**
(except December)

Walk the Labyrinth
with live music:
7:00 – 9:00

2ND FRIDAY OF EVERY MONTH
7:00 – 9:00
September: Walk for Peace

*(For information on the news format for
2nd Fridays, see p.1)*

PORTABLE LABYRINTH

Please note OUR PORTABLE LABYRINTH can be rented for use with your group for workshops, retreats, observing an important anniversary, or for many other occasions.

We believe that the labyrinth is a powerful mediation tool that can enhance both team-building and community-building.

If you are interested in borrowing our portable labyrinth or would like more information, please phone the Labyrinth Office: 604-685-6832 (x17) or e-mail: labyrinth@stpaulsanglican.bc.ca

ALL SOULS DAY at THE LABYRINTH **Monday, November 2nd 7:00 – 9:00pm**



“There’s rosemary. That’s for remembrance.”

Since the 10th century the Church has observed the 2nd of November as a day for remembering the souls of the departed: our family members, our friends, our mentors, our ancestors, our loved ones, all those who have given our lives meaning but whom we see no longer.

Many cultures celebrate this day joyously with parades, special treats and picnics in the cemetery, sharing these pleasures with the departed.

At the Labyrinth we are planning an evening walk as an opportunity for you to honour and remember those who have been an important part of your life. For many of us there have been figures whose significance to us we have only in later years begun to understand or those to whom we were never properly able to express our feelings. This is a time in which to re-encounter them in our hearts. Perhaps with some it is time at last to make peace.

There will be a space available in which to place a photograph or a small remembrance while you walk. (and sprigs of rosemary to place with them...and to keep).

Come and join us on the evening in which these two worlds draw near to one another, as on no other occasion.

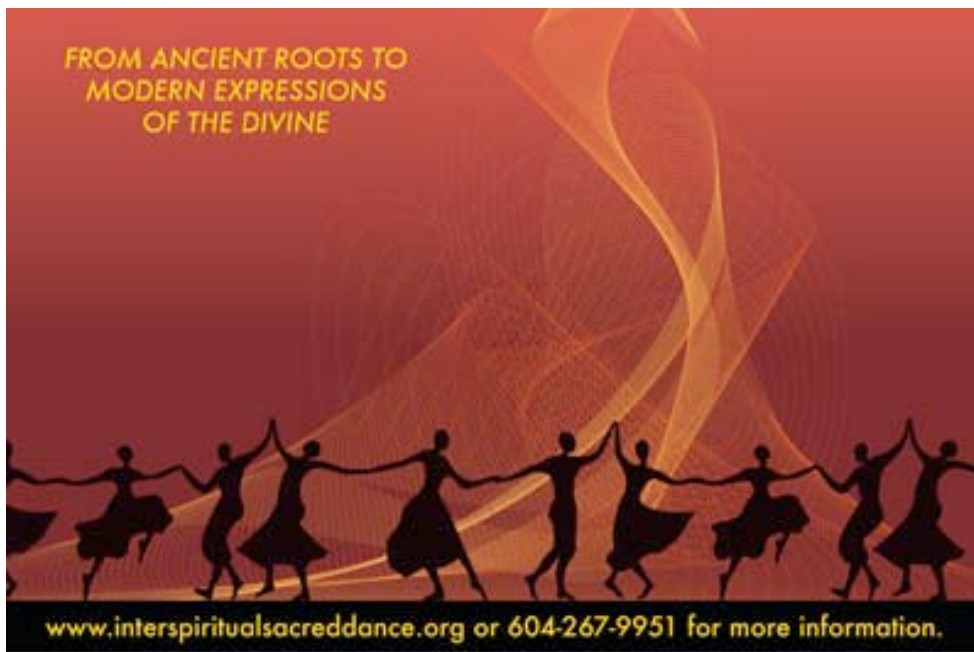
**THE LABYRINTH at ST. PAUL'S ANGLICAN
CHURCH**

*Followed by a contemplative Eucharist on the
Labyrinth. All are welcome!*

**The First Annual
InterSpiritual Sacred Dance Festival**

Will hold its
Opening Gathering and Circle Dancing
at
ST. PAUL'S LABYRINTH
1130 Jervis Street, Vancouver

NOVEMBER 7, 2009
10:00 – Noon



ALL ARE WELCOME

Ticket for the entire event: \$135 (\$115 before October 7th): Seniors & Students: \$100
Ticket for evening event only: \$30 Seniors & Students: \$20
Tickets available from Banyen Books & Sound and Highlife Records

**The Festival then continues with eight afternoon workshops at various venues,
followed by
Evening and Closing Ceremonies at
THE ROUNDHOUSE COMMUNITY ARTS & RECREATION CENTRE
181 Roundhouse Mews (Davie & Pacific) 8:00pm**

For a complete list of workshop presenters and further information, contact
www.interspiritualsacreddance.org or 604-267-5591

HOW TO FIND US---
St. Paul's is in Vancouver's West End at 1130 Jervis Street just in from (North East of) Davie Street.

Finding parking is not easy but is usually possible. There is underground parking at the SuperValu on Davie Street around the corner.

SUNRISE SAND LABYRINTHS



SEPTEMBER 13: 8:00-10:00 AM

SEPTEMBER 27: 7:00-9:00 AM

at the usual location
at Spanish Banks.
Weather permitting!

Come an hour earlier if you would like to see the creation of the labyrinth in the sand.

If the weather is uncertain on the morning of the walk, check the Labyrinth Office voice mail to confirm whether the walk will take place.

For further information as to location:

www.stpaulsanglican.bc.ca and click on the "Labyrinth" link for a map or call

604-685-6832 x17

Friday, November 13: Walk for

Peace 7:00 – 9:00pm

Traditional format

Friday, December 11: Toning on the Labyrinth

Have you ever felt inspired to make vocal sounds while walking the labyrinth? Please join us to explore the possibilities of individual vocal sounds combining into a harmonious whole.

Led by Elizabeth Erlach and Kira Van Deusen.

(No, you do not need to have anything special in the way of singing voice. Just bring the one you have.)

Possible future programs:

Who knows? We're making this up as we go along:

- A discussion of creativity and the Labyrinth?
- Unusual music for walking? (Walk the labyrinth to types of music you might never have tried before.)
- A DVD on Chartres Cathedral and the sacred geometry embedded within it?

NEED A LABYRINTH FIX WHEN WE'RE NOT OPEN?

The new labyrinth at St. Philip's Anglican Church is open :

Sunday Afternoons: 3:00pm – 5:00pm

Friday Mornings: 9:30am – 11:30am

St. Philip's Anglican Church,

3737 West 27 Avenue

604-224-3238

“You have to look for proper burning weather [for burning brush]...Not too dry, not too windy, not too wet, not too hot. The very best is when you've had dry weather and can now see the rain clouds definitely coming...Standing by a twelve-foot high burning brush pile, well-dressed for it, gloves and goggles, face hot, sprinkles of rain starting to play on my helmet, old boots that I could risk to singe a bit on the embers. A thermos of coffee on a stump. Clouds darkening up from the west, a breeze, a Pacific storm headed this way. Let the flames finish their work—a few more limb-ends and stubs around the edge to clean up, a few more dumb thoughts and failed ideas to discard—I think—this has gone on for many lives.

*How many times
have I thrown you
back on the
fire*

*From “Lifetimes with fire”, by Gary Snyder,
in his Back on the Fire: Essays, c2007.*

