

Our House

Our House is a group of people living together to follow a simple program aimed at freeing themselves from their addictions to alcohol and drugs.

They share the cost and labour of maintaining their communal life while undertaking to help each other live a clean and drug-free life.

The program is based on self-help and employs no professional staff.



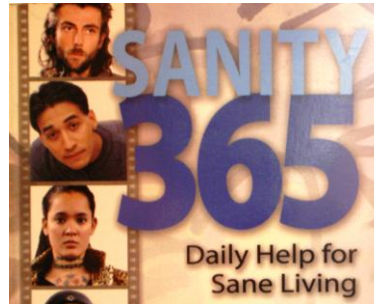
Each member of the community seeks to accept the Our House Reality:

I have arrived here because I can no longer escape from myself! I have finally come to understand I am the problem, not others! My secrets keep me sick and hopeless! Through being open and honest with other addicts I can stop being the "Angel of my dreams" and the "Devil of my fears". I can become "real" and "free". This is my reality.

Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine!

Sanity365 presents a collection of daily reflections for persons wishing to escape from their addictions. Written by Norm Sharkey who is himself a recovered addict, the book offers straightforward advice on how to live without drugs.

Members of *Our House* distribute *Sanity365* free of charge to people living on the street. The book is also available through other channels.



As part of their outreach to street people, members of *Our House* meet at 2 o'clock every Thursday afternoon at St Paul's Church Hall, 1140 Jervis Street in the West End. All are welcome to come along.

Anyone may support the work of Our House by purchasing copies of *Sanity365*, by sponsoring copies for free distribution, or by making other financial donations. Donations may be eligible for tax-receipts.

For further information write to Our House West Coast Society, 1130 Jervis Street, Vancouver V6E 2C7 or contact office@stpaulsanglican.bc.ca

Visit www.wix.com/sanity365/OurHouseVancouver

Our House West Coast Society is incorporated under the *Societies Act* of British Columbia and works to promote the Our House program.

The Society is supported by St Paul's Anglican Church.

June 2009